Jackson Wolf News

HENRY M. JACKSON HIGH SCHOOL NEWSLETTER

JANUARY 2018

VOLUME 1, ISSUE 2



From the Principal

Michelle Renée, Assistant Principal

Happy New Year 2018—The Year of the Dog New Year's Resolutions for Teachers, Parents, and Students

In 2018, resolving to change and improve oneself is an almost unavoidable part of the transition to a new year. The research tells us not to make too many resolutions since the failure rate can be quite high. Here are some tips for you to consider as you begin the start of this New Year. School, home, and social-emotional life will be enhanced if we try some of the following.

For Teachers:

- I will learn new technology strategies and use them in my classroom. With our 1:1 trainings happening this year and our students having their own devices next fall, we need to prepare and be ahead of the curve before September 2018.
- 2. I will collaborate more with colleagues in my school and in other schools around the world. Our world is shrinking. The colleagues in our school and around the globe have a wealth of information and perspective you can use. Develop a relationship with a classroom in Asia, Europe, South America, or Africa! Have your students collaborate with peers abroad on a common problem we all face.
- 3. I will develop authentic relationships with each student I have in my classes. When students feel valued, cared for, and appreciated, student learning accelerates. Take the time to learn as much as you can about your students as people. Every student can be reached; some take more effort than others.
- 4. I will offer multiple ways for students to show their learning. Our students have strengths in different areas. Some are able to show deeper learning by telling you what they know. Others are able to write better. Some students prefer to draw and some are able to show what they know through physical movement. Allow for student choice, and the results may amaze you!
- **5. I will challenge and inspire my students.** The greatest gift you can give your students is a classroom filled with creative, engaging, inspiring lessons that leaves them wanting more, and a feeling of motivation that will enable them to become life-long learners.

Dave Peters Principal

Henry M. Jackson High School 1508 136th Street SE Mill Creek, WA 98012 www.everettsd.org/jacksonhs

Jan. 5, 12, 19, & 26
Learning Improvement Fridays

Jan. 2Back to School After Winter Break

Jan. 4-15Aussies Here

Jan. 12 MLK Jr. Assembly

Jan. 15No School: Martin Luther King Jr. Day

Jan. 23
Link Crew Tutoring for Fall Finals

Jan. 24-26 Fall Semester Finals

Jan. 26
End of Fall Semester

Jan. 29
No School for Students:
Teacher Work Day

Jan. 30
Spring Semester Begins

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Thank you for supporting our students to become college and career ready!

For Parents:

- 1. I will encourage my student to try something new. High school is the perfect opportunity for students to explore and learn about themselves, their likes, dislikes, strengths, and areas for growth. Whether this is through taking a course in a field they had not thought about before, or joining a sport or a club, these can all help in the self-discovery process. Most high school students do not graduate knowing exactly what they want to study, but this is an opportunity to try something and perhaps find a new passion.
- 2. I will keep the college process in perspective. Yes, college is a big step. However, it is only a very small part of your student's life. Where your student goes to college is less important than what your student is going to do after attending college. Students can be successful no matter what college they attend.
- 3. I will maintain balance at home for my student. Many students are stressed about their schoolwork, grades, and plans for after graduation. Allow for some down time for your student each evening and on the weekends. They need time to decompress and be a teenager. A little stress is good for everyone. Too much stress many times leads to anxiety, depression, and an inability to be successful.
- **4. I will continue to be involved in my student's school life.** As is possible, attend Curriculum Nights, other evening events, and visit the school website. This is a great way for you to meet teachers, other staff, some of your student's friends, and be informed about what is happening at school. Find out how to log on to the learning management system (LMS) to check on attendance and grades. The more information you have, the better.
- 5. I will listen more to my student. This may be the period of time your student needs you the most, even though they may not say or show it. Listen carefully to what they say about life at school, their friends, and activities. Listen for what they are not saying as well. This is a time when they may be faced with decisions about risky behaviors.

Thank you for the love and support you give your student to be successful in school!

For Students:

- 1. I will be myself. You have your own style and your own identity—be proud of that! People are more likely to remember you and want to be friends with you if you are intriguing and different. You are worthy just the way you are.
- 2. I will take better care of myself inside and outside of school. High school students need between 8.5 and 9.5 hours of sleep every night. Go to bed at a reasonable hour. Be involved in some kind of daily exercise, and when possible, choose healthy foods to eat.
- 3. I will be better organized. Use your phone or a planner to keep track of the work you need to do and the due dates. It is best to learn now how to plan and begin projects early instead of waiting until the last minute. Put reminder signals or keep your plan where you can see it and force yourself to always start early. You will feel so much better!
- 4. I will ask questions and/or seek extra help from my teachers immediately. Your teachers are here to help and support your learning. Go before or after school to ask specific questions or get extra help from them. Do not wait too long before you become more and more confused. When you feel successful in class on a daily basis, you are more engaged in the learning and you will ultimately do better in the subject.
- 5. I will learn to be more resilient and develop a growth mindset. Trust the adults in the school—teachers, counselors, and administrators—to help you to learn resiliency: the ability to cope with things that may cause you distress. Reach out to a trusted adult when you have a personal problem that you may need help with, or when you may be dealing with some adversity. Understand that with a growth mindset, you believe that your basic abilities/talents can be improved and developed through dedication and hard work. You can be whatever you want to be!



Thank you for being the amazing, wonderful students you are that we have the honor of getting to know. We love each one of you!

https://www.amazon.com/Mindset-Psychology-Carol-S-Dweck/dp/0345472322

http://www.rickwormeli.com/articles.html

https://www.edutopia.org/resilience-grit-resources

https://education.cu-portland.edu/blog/classroom-resources/new-years-resolutions-that-remind-you-why-you-teach/

https://www.teachingquality.org/content/blogs/nancy-barile/parent-and-family-engagement-15-tips-help-high-school-students-achieve

https://www.cte.cornell.edu/teaching-ideas/engaging-students/problem-based-learning.html

http://www.nea.org/tools/29469.htm

1st Semester Finals Schedule

HIGH SCHOOL FINALS SCHEDULE

1st SEMESTER 2017-2018

Day One Wednesday, January 24 (Lunch based on 5th period class)	
1 st Bell	7:25
] st	7:30-8:30
2 nd FINAL	8:35-10:30
1 st Lunch 10:35-11:05	5 th 10:35–11:30
5 th 11:10–12:05	2 nd Lunch 11:35–12:05
6th FINAL	12:10-2:05
Buses Depart	2:12

Two	
Thursday, January 25 (Lunch based on 4th period class)	
7:25	
7:30-8:30	
8:35-10:30	
4 th 10:35–11:30	
2 nd Lunch 11:35–12:05	
12:10-2:05	
2:12	

Day Three Friday, January 26 (Lunch based on 4th period class)	
1 st Bell	7:25
2 nd	7:30-7:50
3rd FINAL	7:55-9:50
6 th	9:55–10:15
1st Lunch 10:20-10:50	4th FINAL 10:20-12:15
4th FINAL 10:55-12:50	2 nd Lunch 12:20–12:50
Buses Depart	12:57



Extended Day Study Hall

Extended Day Study Hall is available in the Library computer lab every Monday, 2:15-3:20 p.m. Use this drop-in study hall as a quiet place to get caught up or do your homework. Help is available. The activity bus is available at 3:30 at the front of the school.



Link Crew Finals Tutoring

On **Tuesday**, **January 23**, starting right after school, Link Crew will be providing free tutoring to help students as they get ready for their final exams. Most of the tutors will be available to help with freshman-level classes, but most core subjects will also be represented at the event. Whether you just want to bring together a study group or you have some big questions you want answered, feel free to join Link Crew in the Commons until 3:15 p.m. There will also be some light snacks to help everyone out as they study to get ready for the end of the first semester.

We hope to see you there.

Mr. Gadek, Mr. Turner, and the JHS Link Crew

Saturday Morning Breakfast Club

Finish strong! Join us Saturdays at JHS for breakfast, academic assistance, and a quiet place to complete school work. Breakfast will begin at 8:30 and study club will meet from 9 a.m. to noon on January 6 and 20. Students will go to room C206 to sign in. PE make-ups are also offered and will meet from 10 a.m. to noon on January 6 and 20 in the weight room. Questions? Contact Ms. Linder (JLinder@everettsd.org) in C202.

Youth Development Program Graduates

The Youth Development Program (YDP) is a joint initiative between NAACP Snohomish County Branch, Everett Community College, and Everett Public Schools and is designed to meet the specific needs of students of African descent. YDP creates a safe environment that inspires creative thinking, instills self-confidence, develops life skills, and builds community. The curriculum explores post-secondary education pathways and provides students with knowledge, skills, and tools for transitioning from the classroom to their futures. Congratulations to JHS junior **Shi'anne Shelton** and seniors **Awa Joof** and **Jaylin Baah Yeboah** for completing and graduating from the 2017-18 program!

Key Club Request for Donations

As part of the Kiwanis Children's Cancer Program community service project, Jackson Key Club will be making coloring kits for children who are hospitalized and fighting cancer. We will decorate shoe boxes, fill them with coloring supplies and goodies, and deliver them to Seattle Children's Hospital. Any donations of shoeboxes as well as coloring supplies will be greatly appreciated. Donations can be delivered to Deb Kalina's classroom, or you can email her (DKalina@everettsd.org) to arrange for your donation to be picked up by a Key Club officer. Key Club plans to deliver the boxes around Valentine's Day.



January Is School Board Appreciation Month



The month of January marks the annual observance of School Board Recognition—a time to salute the work of school board members and celebrate public education. This year, they were named a Board of Distinction. You can learn more about board members online.

Smarter Balanced Assessments

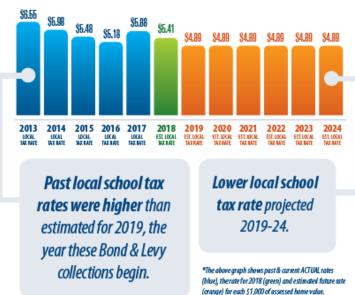
Because Smarter Balanced Assessments are such an important topic for families, the link to everything you ever wanted to know about these tests is in the Quicklinks section on the district home page.

Support for Students in Temporary or Inadequate Housing

If your family is in a temporary or inadequate living situation due to a loss of housing or a family crisis, your child may be eligible for certain educational rights and services. If you lost your housing and now live in a shelter, motel, vehicle, camping ground, temporary trailer, on the street, doubled up with family or friends, or in another type of temporary or inadequate housing, your child might be able to receive help through a federal law called the McKinney-Vento Act. The McKinney-Vento Act may be able to provide support through transportation so that your child can continue enrolled in school, or through access to programs and services so that your child can participate fully in school. Please contact your child's counselor or Amy Perusse, McKinney-Vento Facilitator, aperusse@everettsd.org, 425-385-4032, for more information.

2018 Capital Bond and Replacement Levy

The school board voted to propose a Capital Bond to meet future readiness needs and a Replacement Levy to replace the expiring one. If voters approve both the Capital Bond and Replacement Educational Programs and Operations Levy on Feb. 13, 2018, tax collections to complete those projects begin in 2019. That year the local school tax rate is projected to be \$4.89 per each \$1,000 of property value. That rate is the lowest local school tax rate for property owners in the district since 2013. Find more information on the district website.



Kindergarten Registration Begins in March

Do you have a child who will be 5 years old by August 31, 2018? Registration begins on March 5, 2018, at all 17 district elementary schools. Which school will your kindergartner attend? To find out, click on <u>School and Route Finder</u>—under the <u>Parents</u> tab on the



district website or linked on the JHS homepage—or call the transportation office at 425-385-4144.

Mobile App

Have you downloaded the mobile app yet? The latest news and information from schools in Everett Public Schools is now available on smartphones and mobile devices with a new mobile app. Everett Public Schools is expanding its communications outreach with a free mobile app that is now available in the online iTunes® and Google Play® app stores.





Prepare for Bad Weather

Find emergency school schedule information (usually by 5:45 a.m.) on the <u>Safety and Emergencies</u> page under the <u>Parents</u> tab on the district website for full details and other resources.

- <u>FlashAlert.net</u>: You can subscribe to receive notices at the same time those notices are sent to media outlets, or you can bookmark this site to check for a listing of regional school emergency schedule information.
- Media news reports (media gets information from FlashAlert)
- District website: <u>www.everettsd.org</u>
- District information line at 425-385-4636
- Blackboard Connect* calls, emails and text messages sent to families usually by 5:45 a.m.
 *Please be sure your contact information is current at your school. For JHS, email DWilliamson@everettsd.org.
- Program <u>impact chart</u> outlines how various school programs and activities are impacted when school is cancelled or starts late.

No announcement means schools are on a regular schedule.

Snow Routes Are Online!

School drop-off and pick-up locations may change in an emergency situation. If your child rides a bus to school, please become familiar with the <u>snow route information</u> on the district transportation department's webpage.

Upcoming Dates of Interest

LIF days are listed in the JHS online calendar, the EPS online calendar, and the EPS student school year calendar.

Tues., Feb. 13..... Special Election

Thurs., Feb. 15 Running Start Info Meeting

Feb. 19 & 20 No School: Presidents Day/Mid-Winter Break

Mon., Feb. 26......2018-19 Pre-Registration Kick-off Video in 2nd Period Classes

Feb. 27-March 23 5th Period Advisory Meetings for 2018-19

Thurs., March 1 AP Information Night

Wed., March 7 School Day SAT for Juniors

Sun., March 11 Daylight Savings Time Begins: Set Clocks Forward One Hour

Thurs., March 15 Running Start Info Meeting

Fri., March 16 End of 3rd Quarter

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Tues., March 20....... 8th Grade Family Night April 2-6..... No School: Spring Break April 10 & 11..... AP Bubble Sessions Thurs., April 12..... Make-up AP Bubble Session Wed., April 18...... RSVP Forms for 2018-19 Distributed to Students in 1st Period Thurs., April 19...... Spring Blood Drive Fri., April 20 RSVP Forms Due Tues., April 24 Special Election May 7-18 AP Exams May 22 & 24..... SBA ELA Testing May 23-25..... Late AP Exams Mon., May 28 No School: Memorial Day Wed., May 30 SBA Math Testing Wed., May 30 Senior Awards Night Thurs., May 31 District Athletic Awards Night Sat., June 2 Prom Tues., June 5..... WCAS Testing Fri., June 8 Early Release with Lunch Fri., June 8 Mom & Me Tea Fri., June 8 Staff vs. Seniors Basketball Game-benefitting the Staff Scholarship Fund Thurs., June 14..... Senior Inspiration Night Fri., June 15 Graduation Rehearsal & Senior BBQ Sat., June 16..... Graduation, 4-6 p.m., xFinity Arena Tues., June 19...... Last Day of School (Early Release)—subject to change due to inclement weather make-up days

Helpful Links & Resources

- Check Jackson's home page for links to our most current athletic events, club meeting times, daily announcements, activities calendar, and more.
- Parents, keep up with your student's academic progress, assignments, attendance, and more via <u>LMS</u> (click the "Grades & More" icon at the top of any district or school webpage, then the blue "Info" button). If you don't know your LMS login ID/password, contact <u>LMS@everettsd.org</u>.
- For Naviance help, any student or parent can contact Sarah Pewitt, High School & Beyond Facilitator, at <u>Naviance@everettsd.org</u> or 425-385-4183 (email is preferred).
- Follow these JHS Twitter accounts: @HMJacksonHS, @announceJHS, @jhswolfpack, @classofJHS2018, @jhsasb2019
- Follow JHS ASB on Instagram.
- The Jackson High School app "JHS CONNECT"—for students, parents, staff, and anyone else interested in JHS—is FREE in the app store.
- Go to the district <u>communications webpage</u> for information about Everett Public Schools' <u>FREE mobile app</u> for parents, students, and staff, or download the "Everett Public Schools" app from your phone's app store.
- Follow Everett Public Schools on <u>Facebook</u> and <u>Twitter</u>.
- At the bottom of any district webpage, you can sign up for <u>InTouch</u> announcements right to your email box about twice a month.

AP Capstone: College Board AP Capstone Overview

AP Capstone: Program Brochure

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AP Capstone: Student Brochure

Attendance Reporting

Bell Schedule: Early Release WITH Lunch

Bell Schedule: <u>LIF Day</u> Bell Schedule: <u>Regular Day</u>

Bullying Prevention (free resources at stopbullying.gov)

Calendar: JHS Activities Calendar

Calendar: School Year Calendar, 2017-18
Calendar: Student Art Calendar, 2017-18
District Course Catalog for 2017-2018

<u>Frequently Used Phone Numbers</u> Honor Society Tutor List

Lunch Schedules: 2017-2018, Fall Semester | 2017-2018, Spring Semester

Maps of School: Lower Level | Upper Level

Pre-Arranged Absence Form
Private Vehicle Driving Form
PTSA: PTSA Membership Form

PTSA: Wolf Tracks newsletter, current school year issues

PTSA: Wolf Tracks newsletter archives

Pyramid of Interventions: Study Halls, Extended Day Tutorials, etc.

School Bus Snow Routes Info

Student Handbook: Everett Public Schools Student Responsibilities & Rights Policies, 2017-18

Student Handbook: Henry M. Jackson High School Student Handbook, 2017-2018

Student Schedule Change Policy

Transcripts

Volunteer Application Online

Everett Public Schools does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Affirmative Action Office Carol Stolz, <u>cstolz@everettsd.org</u>, 425-385-4106
- Title IX Officer Randi Seaberg, rseaberg@everettsd.org, 425-385-4104
- 504 Coordinator Becky Ballbach, <u>rballbach@everettsd.org</u>, 425-385-4063
- ADA Coordinator Becky Clifford, <u>rclifford@everettsd.org</u>, 425-385-5250

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